

Getting It Right For Every Child

EDUCATION AND YOUTH EMPLOYMENT/HEALTH AND SOCIAL CARE PARTNERSHIP June 2018 – Issue 9

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Any questions, comments or requests regarding the content of this newsletter,
or to add your details to the mailing list –

Email namedpersonservice@north-ayrshire.gcsx.gov.uk
Direct Line – 01294 317787

Key Contacts – Named Person Service

0-5 Years

Gillian Arnold, Team Manager, 01294 317771
Allan Dickson, Administrator (from 16 July 2018)

5-18 Years

Evelyn Martin, Education Development Co-ordinator, 01294 324410
Angela Feeny, Administrator, 01294 324433

Getting It Right For Every Child

Andrew Keir, GIRFEC & Corporate Parenting Manager, 01294 310614
Richard Lynch, Senior Clerical Assistant, 01294 310616

Named Person Summary (0-5)

Health Visitors and Family Nurses

- Health Visitors and Family Nurses are requested to ensure that they update their details on the demographics page and notify Child Health when there is a change of Health Visitor for a child.

Named Person Summary (5-18)

Education and Youth Employment

- GIRFEC Newsletters and Pan Ayrshire Infographic and associated documents (**see Useful Websites**) should be shared with all staff and displayed on staffroom noticeboards.
These are for internal use only and should be shared with all practitioners in your establishment.
- For those establishments who have a Twitter account please follow @girfec 

HEALTH AND SOCIAL CARE PARTNERSHIP

Awards/Achievement

PARTNERSHIP CHAMPION AWARD

I am sure everyone will want to join in congratulating Moira Greco, Specialist Health Visitor on winning the above award at the recent North Ayrshire H&SCP Award Ceremony. **CONGRATULATIONS MOIRA** – very well deserved for all your hard work and the dedication given to our student health visitors.



CONGRATULATIONS to Liz Smith, Community Infant Feeding Nurse who has completed her PhD with research: 'Personal infant feeding experience, attitudes and related cognitive dissonance within Midwifery and Health Visiting teams in Scotland: implications for practice'. Liz presented her research at the Ayrshire and Arran Breastfeeding Conference on June 11 2018. Well done on this fantastic personal achievement!

UPDATES

Staff Changes

Erin Howie, 0-5 Administrator, has moved to a new job (on Monday 18 June 2018) working with the MAASH Team in Kilmarnock Police Station. We would like to wish Erin all the best for the future and in her new role. The 0-5 Administrator post will be filled by Allan Dickson who starts on Monday 16 July 2018.

Important Note

As we transition staffing over the next 4 weeks there may be a few days delay with processing Requests for Assistance. To assist with this could staff please highlight in subject bar of email if the request is **urgent** ie Urgent Breastfeeding Support and we will endeavour to have this responded to the same day.



Emails to the Named Person Service

When services/individuals are sending/responding/replying to emails from the Named Person Service mailbox – can you ensure that you use the mailbox email address – namedpersonservice@north-ayrshire.gcsx.gov.uk It has been noted that some services are using an email hyperlink and sending back to the Administrators directly. This means these emails are not being actioned if that particular Administrator is out of the office/absent.

FOCUS ON.....

Promoting Breastfeeding in Schools

NHS Ayrshire & Arran has some of the lowest breastfeeding rates in Scotland. There is an embedded formula feeding culture that needs to be changed if we are to improve the breastfeeding rates in North Ayrshire. Young people may never see breastfeeding, and although part of the curriculum, some may never get to hear much information about it.

Elizabeth Smith, Community Infant Feeding Nurse, applied for 'Catalyst for Change' funding from QNIS (Queen's Nursing Institute Scotland), a charitable organisation promoting excellence in community nursing to improve the health and well-being of the people of Scotland. The bid, for work led by a community nurse, was successful and allowed partnerships working between herself and the Breastfeeding Network (BfN), a third sector organisation, to deliver sessions in schools.

What have we been doing?

The team developed and delivered fun, interactive sessions about breastfeeding to children and young people from Glencairn Primary School and Nursery, Stevenston and with S1-S5 pupils at St Matthew's Academy in Saltcoats. Sessions were also delivered to some staff and parents.

The number of young people we worked with over the school year

The team has worked with over 1000 pupils, 69 children in Glencairn Early Years Centre, 229 pupils in Glencairn Primary and around 890 S1-S5 pupils at St Matthews Academy, Saltcoats who all participated in interactive cross curricular workshops.

Evaluation so far

The team has been using the IOWA infant feeding attitude scale to look for changes in attitudes to infant feeding and results show 100% of pupils had more positive attitudes towards breastfeeding at the end of the session than at the beginning

Some of the comments from the feedback were:

- *'I enjoyed the experiments, I learned all the different ingredients in breastmilk'*
- *'I learned that babies can be breast fed for longer than I thought'*
- *'(I learned) that breastmilk changes all the time'*
- *(After talking about the hormone oxytocin) 'So you feed your baby love when you breastfeed?!'*

Next Steps

- Plans are underway for an end of project event during Breastfeeding Week in St Matthew's Academy and Glencairn Primary School
- Attendance of the team at a parent event with S2s – Food through the life course
- Home economics classes group, in St Matthew's Academy
- Write up and produce lesson plans so they can be used by other schools

Thank you

- Glencairn Primary School and St Matthew's Academy for their help organising the sessions, their enthusiasm for the sessions and for making us so welcome
- QNIS for the funding that enabled them to carry out this exciting and successful project
- Amy Gibson, Ayrshire schools peer supporter, Sarah Edwards and the other volunteers from Breastfeeding Network who supported us in this work

FOCUS ON.....

Corporate Parenting

We are pleased to announce our new Corporate Parenting Co-ordinator, Mhairi McFadyen, has joined North Ayrshire. Mhairi will support all care experienced children and young people across the authority by establishing a participation group for care experienced young people. The group will provide a space for the young people to share and have their say in decisions made that impact on them. Mhairi will also progress the "Family Firm" policy, which supports young care experienced people with training and employability, offering intense support throughout their involvement with the "Family Firm." Mhairi's role also includes the Mentoring programme, which links directly to the "Family Firm" and will be for staff who can commit their time to mentor a young person from North Ayrshire who is care experienced.

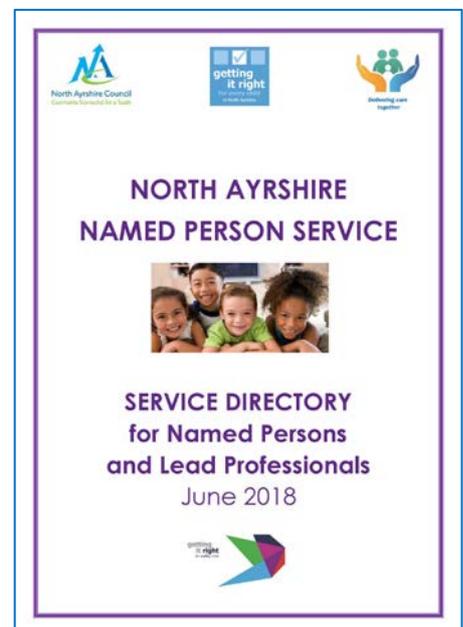


If you have any questions or would like to be part of the mentoring programme, please contact Mhairi on 01294 317807 or email mhairimcfadyen@north-ayrshire.gcsx.gov.uk

SERVICE DIRECTORY

The **new** June 2018 edition of the Named Person Service – Service Directory for Named Persons and Lead Professionals is now available and can be found on the GIRFEC North Ayrshire website – <http://girfecna.co.uk/> (practitioner log-in section – please contact the Named Person Service for log-in information if required).

Educational establishments can also find the Directory within the Named Person Service section of the GIRFEC in North Ayrshire Glow Tile.



A Day in the Lifeof a Health Visitor

Many and varied are the conceptions (and misconceptions) about Health Visiting and Health Visitors. Some of the older age group still remember and refer to us as the 'Green Lady' – a reference to the uniform worn in days past. Some think we 'weigh weans – it's a great wee job'.

This is a true account of my day – but every day is different – every day brings challenges and concerns and constraints, but every day also brings hopes for the future – working with children and families from all backgrounds without prejudice and a passion and expertise, in an attempt to secure best outcomes for our future generations.

The start of the day and opening the Clinic.

Voicemail – two messages left – one to rearrange a visit and another from the midwife with a discharge of a mother and baby from her service to mine.



Fit that visit into the diary for today – pleased that I have seen the mother in antenatal and a good rapport has already been forged. Delighted all well. I'll phone her and ask if it is alright to bring the student nurse along – she is on her community placement and mentored by the health visitor – a 'snap shot' of community work in general and hopes that someday might decide community is for her!

A quick coffee while reading the e-mails.

A hello to District Nursing staff, Mental Health colleagues and fellow Health Visitors – a catch up with the Student Nurse about her study day yesterday – visits checked and in the diary – equipment and health promotion material gathered together (we will soon need a Sherpa) – and we are good to go. Must just check my electronic calendar so that it is reflective of my day – this is for health and safety reasons.

Visits today are two babies under six weeks and their respective mums. Then the 'primary visit' on the eleventh postnatal day with an assessment also of mum's physical and emotional health. A 27 months visit to a child too and mum has asked if I could have 'a wee look at his brother' as the nursery have a concern.

A visit to a foster carer who has had a child placed in her care – the child will have a Looked After and Accommodated assessment done by me today and an Assessment of Need done with any necessary supports offered.

The first two visits go well. Bonding and attachment is possibly the most important feature in any of our lives – and was so obvious at these two visits. Both babies thriving and with good partner, family and friends support. Time taken to answer any questions – feeding – sleeping – bowel movements – when can the baby see – my brother suffers from convulsions – should I have my baby immunised in view of this. No question is left unanswered – no mother is made to feel inadequate.

The visit for the wee one at 27 months was animated. The boys – known to me over a long period were excited – they had three new fish! It is amazing how you bond with families – without doubt we bonded over these three fish. A Request for Assistance made on return for Speech and Language assessment and Audiology – speech not great and a lot of shouting – mum happy that this was being addressed. Immunisation discussed at length as unsure and has postponed MMR – all relevant up to date details given and the direct line for immunisations also given.

As for the four year old – he had a wee bit of ‘in toeing’ not affecting his gait and came first in his nursery sports day ‘flat race’. All other development within normal limits – his gross motor, fine motor, problem solving, personal/social and emotional/behavioural. No concerns there.

The next home visit for the 27 months old will be at four years – the older child will be a P1 entrant August 2018 (I must complete his record for handover to the Named Person in the school).

The primary visit on the eleventh day was done – with further introduction to the service, a physical assessment for the baby with measurements and the talking point always in the family – the naked weight! Detailed enquiry about mum’s health and wellbeing and any concerns. A further home visit in a week or earlier if needed. Good and easy rapport further established with the family and the Health Visiting Service.

The visit to the child now in foster care– the child is with approved carers employed by North Ayrshire Council.

Time taken to introduce myself and the service – the child knew me – warmly welcomed me and took me out in to the garden to see her swing – her physical and emotional demeanour positive.

An assessment of the child at two years done by me – A Post Accommodation Assessment by the Health Visitor – she appeared to be thriving and reaching SHANARRI wellbeing indicators. A further home visit agreed for one month and the Health Visitor telephone number reinforced.

Back to the Clinic and checked the voicemail. Four messages – Social Work wishing to speak to me about daycare for a child – the Paediatrician wishing to speak to me about a child I had sent a Request for– a Head Teacher confirming attendance at a ‘Team Around the Child’ meeting and a mother wondering if she could change the day of a home visit for a four year old as the family was at ‘Craig Tara’!

Lunch – a cheese sandwich and a coffee at the desk while dealing with the phone messages and a detailed discussion with ‘my’ student around today’s events – her learning – my learning – interventions which were put in place in an attempt to secure best outcomes for the children seen today.

All home visits – assessments for children and their mothers entered into our ‘Care Partner’ electronic system. Chronologies appropriately shared to ‘AYRshare’ which shares significant events with appropriate staff members/agencies. A telephone call to the allocated Social Worker for the Looked After Child to detail my findings.

A wee ‘catch up’ with ‘peers’ – just ten minutes – to make sure we are all well and coping.

Tomorrow is a day with home visits which are part of the HV Home Visiting Pathway and to date straightforward (but that can all change) – two meetings at Social Services – both families have children on the Child Protection Register and are on my caseload.

A quick visit to a mother who is finding difficulty bonding with her new born. I have arranged the student’s timetable and she is spending the day with the Community Midwife.

But that’s another day!

EDUCATION AND YOUTH EMPLOYMENT (EYE)

FOCUS ON.....

Attendance Workstream

Every School day matters; every lesson counts

Attendance at school is an increasingly challenging issue in Scotland. In North Ayrshire we are working extremely hard to address the challenges missing school can present, including its impact on the attainment, achievement, safety and wellbeing of all our children and young people.



What are we doing?

North Ayrshire Education and Youth Employment have produced a toolkit for schools to help us focus on the issue and give schools some advice, guidance and practical suggestions to address the challenges we face.

What's in the toolkit?

The 'toolkit' contains a wide variety of resources designed to assist schools, parents and the wider community to support our young people to achieve their potential and be the best that they can be. Booklets and posters have been designed to aid school leaders, teachers and communities to support our children and young people to improve their attendance and timekeeping; and booklets and leaflets have also been produced for parents and pupils which outline some simple guidance and practical strategies to help children get out to school and help their parents/carers to support them, whatever their challenges. In addition, all schools have been given a suggested calendar with ideas for attendance focus weeks and one attendance month (March) every year. This element of the toolkit emphasises the need for all of us to encourage and motivate pupils to attend school every day of the year.

What will the impact be?

We would hope to see a measurable improvement in patterns of attendance and the health and wellbeing of the children and young people of North Ayrshire. Early indications show that, in our first attendance focus month, half of our primary schools and a third of our secondary schools reported an improvement in attendance. Schools across the Authority have been actively tweeting about attendance and sharing good practice.

Moving forward?

There will be a continued focus on attendance, with regular tweets to remind schools, pupils and parents/carers about the importance of good attendance. All materials are now available for schools to download from the new Attendance Glow tile, and schools are encouraged to participate in activities suggested in the calendar. An attendance steering group has been formed, and data regarding improving attendance figures, letters sent, referrals to reporter are to be analysed and shared with relevant senior managers.



FOCUS ON.....

Educational Support Bases

Education and Youth Employment is making some changes to our bases. From August 2018, a new base will be in place at St Bridget's Primary School (replacing the base at St Mark's Primary). There will be a new model of working in place across both bases.

The bases will:

- Have a clearer pathway back to mainstream school and work in conjunction with the link mainstream school for every child
- Be *the* provision for children displaying distressed behaviour who need a more targeted approach, over and above our school based nurturing approaches
- Offer placement to children on a 0.4 or 0.8 basis, but look to increase time in mainstream when the child is ready
- Be a short term placement for most, but a longer term placement for some
- Offer an engaging curriculum that supports readiness to learn and key core skills for children and young people
- Provide a highly nurturing environment and review the approach to physical intervention
- Be led by a Principal Teacher under the management of Dennis Hopkins (HT) for St Bridget's and Penelope McCann (HT) at Hayocks
- Work effectively with Psychological Services and wider agencies to support the best outcomes for children and their families

FOCUS ON.....

Intergenerational work at St Winning's Primary

St Winning's Primary School has had great success in developing intergenerational projects and activities within the local community.

In 2017, the school achieved the Scottish Education Award for 'Making languages come alive', for developing children's leadership skills in the teaching of Spanish in the local community to children in local nurseries and residents in our care homes.

St Winning's P6 and P7 pupils have been working with the social enterprise company, Lingo Flamingo, to create well planned activities where pupils, and the residents of local care homes, develop communication skills and knowledge and working relationships in the learning and teaching of Spanish.

Every year, our pupils attend our local church's Over 60's club to entertain members with Scottish songs and poems.



YOUNG CARERS UPDATE

The Carers (Scotland) Act 2016 was fully implemented on April 1st, 2018. There are specific provisions for young carers around identification, assessment, access to information and involvement in care and support planning. Local Authorities are **duty bound** to recognise, offer and prepare a **Young Carer Statement** (YCS) that summarises the needs and actions that should be taken to address any issues young carers face. Statements should be prepared for carers under 18, or 18 and over if they are still at school.

In North Ayrshire it was agreed the 'responsible authority' accountable for the Young Carer Statement is the same authority who is the Named Person under the Children and Young Person (Scotland) Act 2014 up to the point where the young carer's circumstances are having a critical or substantial impact on their life, so:

- Health Board for pre-school children (in practice - Health Visitor)
- Local authority for children at state schools (in practice – Head Teacher or Pastoral Support staff of the school)
- Children & Families, Health & Social Care Partnership Teams (in practice – Social Worker will act as Lead Professional for substantial and critical levels of support.

When a Young Carer reaches 18 and intends to continue caring, the Young Carer Statement will continue to apply until there is an Adult Carer Support Plan in place.

Not all Young Carers will have an additional wellbeing need that requires a Statutory Child's Plan, but if a Child's Wellbeing Plan is already in place, the Young Carer Statement will be developed in addition to this so there is a document with a focus on their specific needs as a carer. The Young Carer Statement will identify personal outcomes for the young carer, and must contain information about:

- The impact of caring on the young carer's wellbeing (referencing SHANARRI guidelines)
- The extent to which the young carer is able and willing to provide care
- The extent to which their nature and extent of the care provided is appropriate
- The support which is needed, if any

For more information on the developments for Young Carers in North Ayrshire please contact Kimberley Mroz – Self-directed Support and Carers Policy Manager at kmroz@north-ayrshire.gcsx.gov.uk or Christine Speedwell – Service Manager for Unity (Carers Support Service) at Christine.Speedwell@unity-enterprise.com

In addition further information can be obtained by contacting Fiona Watson (PT GIRFEC) or Teri McIntosh (Senior Manager) Education & Youth Employment



A young carer is someone who provides or intends to provide care for another person and is under the age of 18 or 18+ and still at school



Useful Websites

Please note this is not an exhaustive list and is updated in each issue

In order to provide staff with accessible resources to meet individual needs, establishments have been directed to a number of websites to support practice.

North Ayrshire GIRFEC	www.girfecna.co.uk
North Ayrshire GIRFEC – Practitioners Secure Download Area	www.girfecna.co.uk/practitioner-login (Practitioner log-in details emailed out or contact NPS)
Pan Ayrshire GIRFEC	www.girfec-ayrshire.co.uk/
Scottish Government GIRFEC	www.gov.scot/Topics/People/Young-People/gettingitright
GIRFEC Interactive Tool (Evaluating Wellbeing)	www.gov.scot/Resource/0044/00446439.pdf
Education Scotland – GIRFEC	www.education.gov.scot/scottish-education-system/policy-for-scottish-education/policy-drivers/Getting%20it%20right%20for%20every%20child
GIRFEC in North Ayrshire (GLOW)	https://glowscotland.sharepoint.com/sites/NorthAyrshireCouncil/StaffArea/GIRFEC/SitePages/Home.aspx
The Children and Young People (Scotland) Act 2014	www.legislation.gov.uk/asp/2014/8/contents/enacted
European Convention on Human Rights	www.echr.coe.int/Documents/Convention_ENG.pdf
United Nations Convention on the Rights of the Child	www.unicef.org.uk/UNICEFs-Work/UN-Convention/
Human Rights Act 1998	www.legislation.gov.uk/ukpga/1998/42/contents
Data Protection Act	www.gov.uk/data-protection/the-data-protection-act
Knowledge Hub	www.khub.net
CEOP	www.ceop.police.uk/safety-centre/